



Zest! Exciting Food Creations
downhome goes uptown

Zest! Exciting Food Creations
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www.zestexcitingfood.com

Zest! 'downhome goes uptown' Daytime Menu

BREAKFAST (served until 5:00pm)

- Panini** -- scrambled eggs, white cheddar, cherrywood smoked bacon, organic greens, sliced tomato, & dijonaise on grilled ciabatta bread 7.95
Stuffed Tortilla -- scrambled eggs, sausage, white cheddar, fresh black bean & corn salsa, lime sour cream, & avocado in a flour tortilla 7.95
Double Sausage-Sausage Gravy -- oh, yeah!! Ladled over fluffy biscuits. Sausage gravy connoisseurs & *Indianapolis Monthly* magazine tell us this is the best they've ever tasted 7.95 (1/2 - 5.95)
Crème Brûlée French Toast -- uh-huh...it's as good as it sounds! With a side of cherrywood smoked bacon 8.95 (1/2 - 5.95)
Grammy's Porridge -- a wonderful concoction of wild rice, dried blueberries, cranberries, almonds, & maple syrup 8.95 (1/2 - 5.95)
Homemade Granola -- with tons of nuts, dried blueberries & cherries, served with Trader's Point Creamery's award-winning yogurt 8.95 (1/2 - 5.95)
Danny's Throw Down Breakfast -- downhome biscuits topped with scrambled eggs & smothered with Double Sausage-Sausage Gravy 8.95 (1/2 - 6.95)
Fletcher's Biscuit Sammich -- scrambled eggs with white cheddar, & your choice of house-made sausage, cherrywood smoked bacon, or avocado in a biscuit 3.95
Bowl of Beautiful Fruit -- the most gorgeous fruit we can find! 7.95 (Add Trader's Point Creamery's award-winning yogurt for 1.95)
Wonderful Wake-Up -- scrambled eggs, toast, & a choice of house-made sausage patties, cherrywood smoked bacon, or fruit 8.95 (add cheese .75)
Scrambled Omelets -- served with toast, jam, & your choice of one side... (sub tofu add 1.75)
Uptown -- fresh herbs, tomato, white cheddar 9.95 **Wild Side** -- wild mushrooms, organic greens, goat cheese 9.95
Downhome -- cowboy potatoes, bacon, tomato topped with double sausage-sausage gravy 11.95 **Urban** -- chicken, onion jam, smoked gouda 9.95
Creative Scrambled Omelets (available weekends) -- create your own fun scrambled omelets from an amazing array of delicious ingredients.

Breakfast Sides

- Cowboy potatoes 2.95
 Silky scrambled eggs 2.95
 House greens 2.95
 House-made sausage patties 2.95
 Cherrywood smoked bacon 2.95
 Toast -- Sourdough or Whole Grain 1.95
 Beautiful Fruit 2.95
 Double Sausage-Sausage Gravy 3.95
 Trader's Point Creamery Yogurt 2.95
 Fresh Seasonal Berries 4.95

Breakfast Drinks

- el Diablo Premium Coffee 2.45
 Black Cat Premium Decaf 2.45
 Fresh-Squeezed Orange Juice (16 oz.) 2.75
 Vegetable Juice (16 oz.) 2.75
 2% or Skim Milk 1.95
 Fountain drinks 1.95
 Fresh-Brewed Iced Tea 1.95

LUNCH (served until 5:00pm)

- Baja Tacos** -- corn meal-crustured basa, white cheddar, & our chipotle slaw on white corn tortillas with a side of Edamame Succotash 8.95
Meatloaf & World Famous Mac & Cheese -- mama's amazing meatloaf along with our world-famous mac & cheese 8.95
Our Luscious Quiche -- big slice of velvety quiche filled with imaginative ingredients nestled in the flakiest homemade crust you'll find, with your choice of house greens, beautiful fruit, or a cup of today's homemade soup 7.95
Meatloaf Sandwich -- Mama's Amazing Meat loaf with white cheddar & sun-dried tomato marmalade on sourdough with your choice of side 8.95
Chicken Sandwich -- marinated-grilled chicken, chipotle aioli, smoked gouda, organic greens, red onion, & tomato on whole grain with your choice of side 8.75
Eggplant Sandwich -- grilled eggplant with smoked gouda, onion jam, & spicy tomato conserve on a crusty roll with your choice of side 8.50
Mushroom Sandwich -- marinated, roasted wild mushrooms, goat cheese, organic greens, tomato, & balsamic vinaigrette on crusty roll with our choice of side 8.50
Edamame Hummus Sandwich -- our homemade edamame hummus, carrots, cucumbers, bell peppers, radishes, sliced red onions, sliced tomatoes, organic greens, & lemon-asiago vinaigrette on grilled whole grain bread with your choice of side 8.50
Zest! Veggie Burger -- our own recipe with 3 different beans & TONS of veggies, served on grilled whole grain bread with grilled red onion & melted white cheddar with your choice of side 8.95
Shredded Beef Sandwich -- we roast it low & slow in stock & red wine, shred it, & then top it with onion jam & bleu cheese mousse, toasted in a crusty roll with your choice of side 8.95
BLT -- cherrywood smoked bacon with homemade boursin cream, juicy tomatoes, & crisp butter lettuce on grilled sourdough with your choice of side 9.50
Char-Grilled Cheeseburger -- juicy handmade 10 ounce char-grilled cheeseburger & topped with grilled sweet red onion & melted white cheddar on toasted sesame bun with your choice of side. You can add lettuce, tomato, spicy or yellow mustard, onion, or mayo on the side 10.75
Today's Homemade Soup -- always homemade & ALWAYS delicious! Ask your server for today's selection cup 3.95 bowl 4.95
Soup & Salad Combo*** - small house greens salad & cup of today's homemade soup 7.95
House Greens*** -- organic greens, carrots, radishes, scallions, cucumber, bell peppers & grape tomatoes small 4.95 large 7.95
Beautiful Fruit -- the most gorgeous fruit we can find! 7.75 (add Trader's Point Creamery award-winning yogurt 1.95)
Asian Slaw, shredded cabbage & romaine, veggies, grilled pineapple, crispy wontons, & spicy peanut dressing with grilled Thai chicken 8.75
Fresh Herb Salad*** organic greens, our fresh herb mix, Granny Smith apples, our sweet & spicy pecans, dried currants, & crumbled bleu cheese 7.95
Grilled Pineapple Salad*** -- organic greens with smoked Gouda, grilled pineapple, scallions, & fresh berries 7.95
Grilled Caesar Salad*** -- yep...it's really grilled! Topped with shredded parmesan & our own Caesar dressing 7.95
Deli Salad on Greens -- choice of one of our delicious homemade deli salads: grilled chicken salad, bleu cheese chicken salad, deviled egg salad, or ahi tuna salad served over greens with fresh berries & our seeded flatbreads 9.95
Salad Trio -- pick 3 of our deli salads & we'll put a scoop of each onto organic greens & serve it with our seeded flatbreads 8.95

Add Grilled Chicken to any salad 1.95

Homemade Dressings: lemon-asiago vinaigrette, green goddess, creamy bleu cheese, balsamic vinaigrette, ranch

Lunch Sides 2.95

- Edamame Succotash
 Chipotle Slaw
 World-Famous Mac & Cheese (add .95)
- Beautiful Fruit
 Pommies Frites & Roasted Bell Pepper Aioli
 Homemade Potato Chips

Lunch Drinks

- Fountain Drinks 1.95
 el Diablo Premium Coffee 2.45
 2% or Skim Milk 1.95
- Fresh Brewed Iced Tea 1.95
 Black Cat Premium Decaf 2.45